



CERTIFICATE OF PARTICIPATION

This is to certify that

Christopher Adam

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 04:58:37

PACE 07:06/km

GENDER 274 of 563

OVERALL 369 of 834

SENIOR (20- 155 of 39) 291



08 July 2023, Sat

Date

BoutTime

Signature

